

What is safer sex?

- Reducing the harm of sexual activities. It is about protecting yourself from risk!

Wearing a seatbelt when you drive reduces the risk of driving. Wearing a condom when you're having sex reduces the risk of infection.

Safer sex is about having fun and feeling good while keeping yourself protected.

Ways to Have Safer Sex

Watch porn videos	Sensual massage and rubbing	Playing with Sex Toys* (vibrators/dildos/strap-ons)
Masturbating	Talking dirty to your partner	Fellatio with a flavoured condom and lube (giving or getting head/ blowjob/ sucking off)
Masturbating with your partner	Telling your partner your fantasies	Cunnilingus with a dental dam and lube (eating out/going down/eating pussy)
Phone sex or cyber sex	Manual Intercourse: Anal or Vaginal	Vaginal Intercourse with a condom (fucking/screwing/getting laid/doing it)
Kissing/making out	(fingering or handjob /jerking-off)	Anal Intercourse with a condom (fucking/screwing/getting laid/doing it)

*Playing with Sex Toys

Toys can get fluids and bacteria on them and pass along STIs and HIV. If you practice safer sex with your toys it can be a fun way to play and explore with your partner while keeping yourselves safe!

Never switch from using a sex toy in your vagina/pussy/vajayjay to your ass/bum (or vice versa) without putting a new condom on the toy or washing it first.

Never share sex toys between partners before putting a new condom on the toy or washing it first.